

Rules & Regulations

1. **14-15 year old's** must have adult supervision in Cardio & Weight Rooms
2. Each person must check-in at the Front Desk before using the facility.
3. **No Food** is allowed in Gym, Cardio, or Weight Rooms
4. We are not responsible for lost/stolen/broken personal property.
5. All equipment must be returned to their appropriate locations after each use.
6. **Do not** drop weights or slam them together.
7. **Do not** rest on strength training equipment when others are waiting.
8. Shirt, pants, and tennis shoes are **required**.
9. **Clean** shoes are required at all times.
10. Please wipe down equipment after each use.
11. Foul language and inappropriate behavior are **not** acceptable. All members must conduct themselves in an appropriate manner. Failure to do so may result in membership revocation.
12. **13 yrs. and under require Adult supervision in the Gymnasium.**



Hollis Recreation Center Staffed Hours:

Monday – Thursday	8:00am – 8:00pm
Friday	8:00am – 4:00pm
Saturday	8:00am – 1:00pm
Sunday	Closed

Only Members with a Prox card have access to the Hollis Recreation Center 24/7.

Guests are NOT permitted during non-staffed hours.

Administration Office

9424 S. Mapleton Rd
Mapleton, IL 61547

Phone: (309) 697-2944 (ext. 4)



Hollis Park Dist. Recreation Center

10107 S Vine Street
Mapleton, IL 61547



(309) 697-2944 (ext. 1)



www.hollispark.org



@hollisparkdistrict

Membership Includes:

- ✓ Use of Cardio Room equipment including treadmills, elliptical, and bikes.
- ✓ Use of Weight Room equipment which includes free weights and machines.
- ✓ Use of Gymnasium
- ✓ Locker Room and Showers
- ✓ Free Walk Fit class, Pickleball, and Open Basketball
- ✓ **Prox Cards** allowed **24/7** access **and** are available to **yearly members** who are 18 yrs. & older. Cost is \$10.00.
- ✓ **No Guests or members without a Prox Card are allowed during non staffed hours.**
- ✓ Business discounts available for yearly memberships with an annual contract. **Excludes 30 visit & Gym only memberships.**



Memberships:

Daily pass is \$5 for both Residents and Non-Residents.

Yearly Fitness	Resident	Non-Resident
Single	\$200	\$250
Couple	\$300	\$350
Family	\$400	\$450
Senior Citizen (55+)	\$150	\$200
Senior Couple (1 person 55+)	\$225	\$275
Scholastic (Full-time Student)	\$120	\$170
Gym	\$100	\$120
Gym Senior (55+)	\$100	\$100
Gym Couple	\$180	\$220
Gym Couple Senior (1 person 55+)	\$180	\$180

Monthly Fitness	Resident	Non-Resident
Single	\$30	\$30
Couple	\$55	\$55
Family	\$65	\$65

Misc.	Description	Price
30 Visit Pass	30 Visits is valid for 30 visits or one (1) year, whichever comes first.	\$50
Proximity-Card	24/7 access to members w/ a yearly membership. No Guest Allowed. 18 & older	\$10
Locker Rental	Enjoy peace of mind knowing your items are safe while you focus on your workout.	\$5 / M \$50 / Y

Ages 9 and Under are Free in Gym with a paid adult

Group Fitness Classes:

Walk Fit

Walk your way to better health with this low impact group exercise class for people of all ages. M, W, F 9-10am. **(Members: Free | Single: \$4 | Senior (55+): \$3).**

Does not meet during summertime.

Pickleball

Enjoy some healthy competition in this cross between Tennis & Ping Pong. Fun for preteen and up. M, W, & F 10:15am-12:15pm. T & Th 9am-11pm. Also on T 6-8pm. SA 10:00am - 11:30am **(Members: Free | Single: \$5 | Senior (55+): \$4).**

Hours may vary during summertime.

Men's Adult Basketball

Can't take the heat? Stay off the court! TUE 8-10pm, TH 6-8pm. **(Members: Free | All others: \$5.00 daily).**

We also offer classes for **Karate**, **Judo** and **Aerobic Kickboxing**. For more information on prices for all classes, please ask the receptionist or check out our website at www.hollispark.org

